



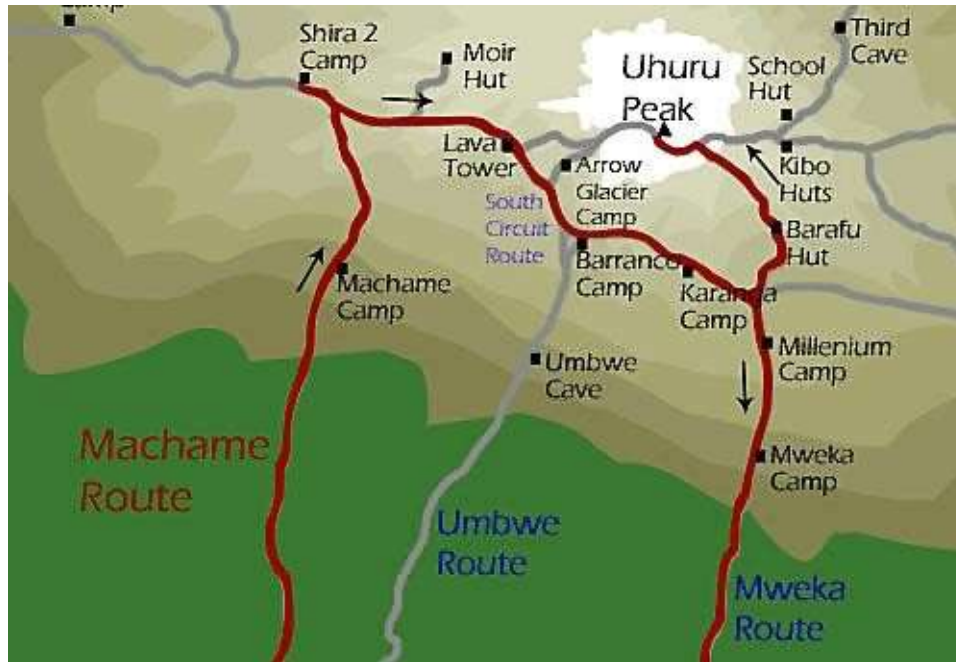
TIEM TOURS AND SAFARIS

+255 694 00 05 55

info@tiemtoursandsafaris.com

www.tiemtoursandsafaris.com

7 DAYS KILIMANJARO MOUNTAIN CLIMB VIA MACHAME ROUTE.



Information Background

Sometimes called the **Whisky Route**. This is a popular route up steep paths through magnificent forests to gain a ridge leading through the moorland zones to the Shira Plateau.

It then traverses beneath the glaciated precipices of the Southern Ice fields to join the Barafu Route to the summit.

An extra day could be added to the itinerary, best spent on the Shira Plateau, where you could walk to the Shira Needles. Strong groups could omit camping at Karanga River. The Mweka Route is used for the descent.

Accommodation on the mountain is in tents, which the porters will pitch for you. You will need a sleeping bag, warm clothes and walking poles. This is a steep, tough trek within the limits of a fit individual used to walking in mountain areas.

ARRIVAL:

Arrive at the Kilimanjaro International Airport or Moshi Bus terminal, pick up and transferred to the Weruweru River Lodge or Springlands Hotel for overnight bed and breakfast.

DAY 1:

Hike from Machame Gate to Machame Camp

Elevation: 5,380 ft to 9,350 ft

Distance: 11 km/7 miles

Hiking Time: 5-7 hours

Habitat: Rain Forest

The drive from Moshi to the Machame Gate takes about 50 minutes. The journey passes through the village of Machame which is located on the lower slopes of the mountain. As we leave the park gate, we walk through the dense rain forest on a winding trail up a ridge until we reach the Machame Camp.

DAY 2:

Hike from Machame Camp to Shira 2 Camp

Elevation: 9,350 ft to 12,500 ft

Distance: 5 km/3 miles

Hiking Time: 4-6 hours

Habitat: Heath

We leave the glades of the rain forest and continue on an ascending path up to a steep, rocky ridge. On the Shira Plateau, we pass through heather and open moorlands, then cross a large river gorge to Shira 2 Camp.

DAY 3:

Hike from Shira 2 Camp to Lava Tower

Elevation: 12,500 ft to 15,190 ft

Distance: 7 km/4 miles

Hiking Time: 4-5 hours

Habitat: Alpine Desert

Hike from Lava Tower to Barranco Camp

Elevation: 15,190 ft to 13,044 ft

Distance: 3 km/2 miles

Hiking Time: 2-3 hours
Habitat: Alpine Desert

We continue to the east up a ridge and then head southeast towards the Lava Tower – a 300 ft tall volcanic rock formation. We descend down to Barranco Camp through the strange but beautiful Senecio Forest to an altitude of 13,000 ft. Although you begin and end the day at the same elevation, the time spent at higher altitude is very beneficial for acclimatization.

DAY 4:

Hike from Barranco Camp to Karanga Camp
Elevation: 13,044 ft to 13,106 ft
Distance: 5 km/3 miles
Hiking Time: 4-5 hours
Habitat: Alpine Desert

We begin the day by descending into a ravine to the base of the Great Barranco Wall. Then we climb the non-technical but steep, nearly 900 ft cliff. From the top of the Barranco Wall we cross a series of hills and valleys until we descend sharply into Karanga Valley. One more steep climb up leads us to Karanga Camp. This is a shorter day meant for acclimatization.

DAY 5:

Hike from Karanga Camp to Barafu Camp
Elevation: 13,106 ft to 15,331 ft
Distance: 4 km/2 miles
Hiking Time: 4-5 hours
Habitat: Alpine Desert

We leave Karanga and hit the junction which connects with the Mweka Trail. We continue up to the rocky section to Barafu Hut. At this point, you have completed the Southern Circuit, which offers views of the summit from many different angles. Here we make camp, rest and enjoy an early dinner to prepare for the summit day. The two peaks of Mawenzi and Kibo are viewable from this position.

DAY 6:

Hike from Barafu Camp to Uhuru Peak
Elevation: 15,331 ft to 19,341 ft
Distance: 5 km/3 miles

Hiking Time: 7-8 hours
Habitat: Arctic

Uhuru Peak to Mweka Camp
Elevation: 19,341 ft to 10,065 ft
Distance: 12 km/7 miles
Hiking Time: 4-6 hours
Habitat: Rain Forest

Very early in the morning (around midnight), we begin our push to the summit. This is the most mentally and physically challenging portion of the trek. The wind and cold at this elevation and time of day can be extreme. We ascend in the darkness for several hours while taking frequent, but short, breaks. Near Stella Point (18,900 ft), you will be rewarded with the most magnificent sunrise you are ever likely to see coming over Mawenzi Peak. Finally, we arrive at Uhuru Peak—the highest point on Mount Kilimanjaro and the continent of Africa.

From the summit, we now make our descent continuing straight down to the Mweka Hut camp site, stopping at Barafu for lunch. The trail is very rocky and can be quite hard on the knees; trekking poles are helpful. Mweka Camp is situated in the upper forest and mist or rain can be expected in the late afternoon. Later in the evening, we enjoy our last dinner on the mountain and a well-earned sleep.

DAY 7:

Descend from Mweka Camp to Mweka Gate
Elevation: 10,065 ft to 5,380 ft
Distance: 10 km/6 miles
Hiking Time: 3-4 hours
Habitat: Rain Forest

On our last day, we continue the descent to Mweka Gate and collect the summit certificates. At lower elevations, it can be wet and muddy. From the gate, we continue another hour to Mweka Village. A vehicle will meet us at Mweka Village to drive us back to the hotel in Moshi. **Full Board.**

DEPARTURE:

After an early breakfast, Transfer to Kilimanjaro airport or Moshi bus terminal for your departure back home.

PRICE BREAKDOWN:

Price per person

- ✓ **7days Machame route trekking & 2nights at Weruweru River Lodge or Springlands Hotel**
(Joining trekking group price)

- **Price per person (Nonresidents)**
=1 pax = US\$ 2,410
2-4pax= @ US\$ 2,300
5-9pax= @ US\$ 2,250

11 PAX and ABOVE...One Person will be Paying Only. US\$ 1,372

- 2 ways Airport transfers= **US\$ 50@**

Prices are inclusive of:

- 2 Night accommodation at Weruweru River Lodge or Springlands Hotel – B/B. (last night FB).
- All park fees
- National Park approved guides and porters
- 18% VAT
- Accommodation on the mountain (Three-man Mountain tents used for two people only on all routes except for Marangu Route as accommodation is in huts.) Stools, a mess tent and hot water for washing are provided on the mountain.
- Meals on the mountain
- Transport from Moshi at Weruweru River Lodge or Springlands hotel to the Starting point of the mountain and return to Moshi at the hotel.

Prices do not include:

- Tips to driver, porters and guide
- Visas
- Insurance
- Items of personal nature
- Transfer from airports/bus terminal
- Climbing gear – sleeping bags, shoes etc.
- Airport transfers

Health Requirements

Please note you will need a Yellow Fever Inoculation; this must be done no later than 10 days prior to departure. If you have had any previous history of Liver Disorders you must consult your physician first. Malaria prophylactics are a must.

Travel Insurance

Please ensure you have sufficient Medical Cover for the duration of your trip and in particular to cover you while doing the Kilimanjaro Climb.

Below is the online payment link:

Kindly note that you may make your deposit / final payment on our Web site with Visa, AMEX or MasterCard. Here is a link to make your payment: <https://payments.pesapal.com/tiemtoursandsafaris>

For all Kilimanjaro routes except Marangu you will have:

- 1 climber: 1 guide, 3 porters, 1 cook
- 2 climbers: 1 guide, 6 porters, 1 extra assistance guide, 1 cook
- 3 climbers: 1 guide, 9 porters, 1 extra assistance guide, 1 cook
- 4 climbers: 2 guides, 9 porters, 1 extra assistance guide, 1 cook, 1 waiter

Mount Kilimanjaro climbing check list

(Personal Things for Clients to remember)

Documents

- Passport
- Yellow fever certificate
- Entrance visa
- Medical insurance

Clothing

- Jersey
- Waterproof jacket
- Water proof pants
- Shorts
- T-shirts
- Jeans
- Warm jacket
- Thermal underwear
- Balaclava
- Gloves
- Sunglasses
- Woollen socks

- Hiking boots
- Light shoes
- Cap/hat
- Towel
- Underwear
- Socks

Equipment

- Sleeping bag
- Day pack
- Water bottle
- Toilet paper
- Torch and batteries
- Pocket knife

Food

- Energy drinks
- Chocolate
- Sweets
- Fruit
- Nuts
- Energy snacks

Photographic

- Camera
- Spare batteries
- Film
- Different lenses
- Video camera
- Binoculars
- Video tapes

First aid/medical

- Aspirin
- Assorted plasters
- Sun protection cream
- Anti malaria tablets
- Insect repellent
- Lip salve
- Water purification tablets
- Antiseptic cream
- Bandages
- Adhesive tape
- Throat lozenges

Personal items

- Toothbrush & paste
- Matches
- Candles
- Soap
- Address book
- Travelers' cheques
- Travel insurance
- Miscellaneous
- Walking stick
- Notebook
- Pens
- Plastic bags
- Pencils
- Cash dollars (smaller bills)

Footwear

- Be sure to break in your shoes before the hike.
- Take trekking shoes for hiking during the day, preferably warm (leather), waterproof, and with ankle-support
- Take tennis shoes or sandals for lounging in the evening
- Gaiters
- Hiking socks
- Wool socks

RENTAL EQUIPMENT

- Rucksack/Daypack: **\$ 12**
- Balaclava:**\$ 7**
- Mont bell Sleeping Bag –25-35C.Temp**\$ 40**
- Ponchour – Heavy/Western/Europe **\$ 18**
- Ponchour – Light/Local: **\$12**
- Socks: **\$ 4**
- Duffel Bag: **\$ 6**
- Hiking Poles (2) **\$ 12**
- Gaiters: **\$ 8**
- Torch/Flashlight (We have Few) **\$ 8**
- Gloves: **\$ 6**
- Sweater **\$ 5**
- Sunglasses (We have Few in Store): **\$ 8**
- Long Underwear (We have Few) **\$ 5**

- Raincoat: **\$ 6**
- Raincoat - G.T, Waterproof **\$ 12**
- Rain Pants: **\$ 12**

- Hiking Boots: \$ 9
- Water Bottle: \$ 5
- Fleece Pants: \$ 6
- Warm Jacket G.T: \$ 12
- Warm Jacket/Down Jacket \$ 8
- Hat or Neck Scarf: \$ 6

We provide **Tents** and **Foam Sleeping pads** at no charge.

- **Sunglasses** are available for purchase in the gift shop for \$ 12 - \$15.
- Each Oxygen Cylinder - available for \$ 12/ Day / @ group of 4 pax.
- Hyperbaric Pressure Bag (Gamow Bag): \$130/group.
- Private (portable/tented) toilet: \$ 120 /@ group of 4 pax.

MISCELLANEOUS

- Apart from our packages, TIEM TOURS take a serious approach to ensuring that tourism in Tanzania also benefits those who are unable to reap its direct benefits, by helping to bring donations, opportunities, and solutions to the regions in which we run our tours and set-up our properties.
- 15% of the profits from Tiem Tours go directly to our social, economic, and environmental initiatives. We recognized our responsibility to develop and operate in a manner that makes a positive contribution to the natural, social and cultural environment. Contact us through <http://www.tiemtoursandsafaris.com/> and info@tiemtoursandsafaris.com

LET'S TREK TANZANIA MOUNTAINS WITH TIEM TOURS AND SAFARIS!!!